# **Guidelines for the 31st Henro Experience**

# 1 Purpose

This event aims to give foreign residents of Kagawa the chance to walk a section of the Shikoku Henro and deepen their understanding of both the pilgrimage route and local Kagawa culture. We also want participants to communicate their impressions and thoughts to both domestic and international audiences through social networking to advance the bid for the Shikoku Henro to be registered as a UNESCO World Heritage Site.

# 2 Organizer

Kagawa Prefectural Government

# 3 Cooperation

NPO Network for Shikoku Henro Pilgrimage and Hospitality

## 4 Time and Date

#### June 28<sup>th</sup> 2025 (Saturday) 9:30 a.m. ~ 4:00 p.m.

(In the case of bad weather, the event will be cancelled. If the event is cancelled, participants will be notified via e-mail by 6:30 a.m. on the day of the event.)

# 5 Intended Participants and Number of Participants

This trip is intended for foreign residents in Kagawa. The maximum number of participants is **20**. In the case of an excess of applicants, participants will be chosen on a first-come-first-served basis.

# 6 Participation Fee

#### Free

(Participants must pay for their own transportation to/from the meeting point.)

## 7 Conditions for Participation

- (a) The route will be almost 15 km (9.3 miles) of walking in total. We ask that all participants be fit and healthy enough to complete the entire course on foot.
  - Please wear clothes and shoes that are easy to walk in.
- (b) Participants must comply with the following:
  - I. Any videos or photos we take on the Henro Experience may be used in the promotion of this project on our website or in other media.
  - II. Please use SNS to spread the word about your experience on the tour.

## 8 Meeting Point

Please meet at JR Utazu Station at 9:30 a.m. \*Staff will be waiting to guide you there.

## 9 What to bring

Your lunch/bento, plenty of water, towel, other necessary items.

## 10 Application

Please fill in the application form and return it by e-mail by Friday, June 13th, 2025.

By e-mail kokusai@pref.kagawa.lg.jp (Please type "Henro" in the subject line of your email.)

By QR Code



# 11 Itinerary

Depart from JR Takamatsu Station 09:04  $\rightarrow$  JR Sakaide Station 09:22  $\rightarrow$  Arrive at JR Utazu Station 09:26 Depart from JR Kan-onji Station 08:07  $\rightarrow$  JR Tadotsu Station 08:54  $\rightarrow$  Arrive at JR Utazu Station 09:03 Note: Train timetables are subject to change so please verify the provided information above.

# \* Staff will be waiting to guide you at JR Utazu Station.

9:30	[Meet at JR Utazu Station] -Take attendance -Change into Henro pilgrimage attire (walking stick, hat, and white top) -Greetings, Important Information, Commemorative picture
9:50	【Depart from JR Utazu Station】 <to 1.2="" 20="" goshoji="" km,="" min.="" temple:="" walk=""></to>
10:10	[Arrive at Goshoji Temple (Temple #78)] - Visit the temple
10:30	【Depart from Goshoji Temple】 <to 5.9="" 90="" km,="" min.="" temple:="" tennoji="" walk=""></to>
12:00	【Arrive at Tennoji Temple (Temple #79)】 - Visit the temple - Shimizuya, <i>Tokoroten</i> Restaurant
12:20	【Depart from Tennoji Temple】 <to 400="" 6="" 88:="" m,="" min.="" ohenrodokoro="" walk=""></to>
12:30	[Arrive at Ohenrodokoro 88] - Lunch - Receive osettai (hospitality): drink, snacks and fruits etc.
13:30	【Depart from Ohenrodokoro 88】 <to 100="" 6.9="" km,="" kokubunji="" min.="" temple:="" walk=""></to>
15:10	[Arrive at Kokubunji Temple (Temple #80)] - Visit the temple - Closing remarks by the tour organizers
15:40	【Depart from Kokubunji Temple】 <to 450="" 6="" jr="" kokubu="" m,="" min.="" station:="" walk=""></to>
15:50	[Arrive at JR Kokubu Station]

Depart from JR Kokubu Station  $16:06 \rightarrow$  JR Takamatsu Station 16:21Depart from JR Kokubu Station  $16:07 \rightarrow$  JR Kan-onji Station 17:18